Our ***Daily Grind*** is in of itself a design with potential onto our future endeavors. The use of three new words, as we are often coaxed to make out of words, are the crux of our ability to see beyond the turmoil, dangers, hazardous emotional conditions life's storms impose upon us.



Day

With the window of twenty-four golden hours as a unit of expressed time, things have a way of changing. At any point or opportunity, on any given day, we are positioned to inflect some level of change within our lives and ourselves. Though there are good and bad changes, it is the ability to work towards what is different and what is new that helps our grind. For some, if each day remains in the persons form of 'order' it too is a good day without undue challenge of disruptive things. The point is that we have 365 of them to function, live, love, and learn.

Rind

We have been charged within the biblical text to adhere to God's desire for us to 'bare fruit or bear fruit'. This, I've learned, is referred to as an 'Eggcorn'. An eggcorn is when a word or phrase results from mishearing or misinterpretation of another. As bare means to 'uncover naked' and bear is to 'endure or carry'.

Over years discussions have been held in community and bible study as to exactly what did the writer of this text mean as it was to inspire some aspect of our being to produce a 'natural' nature. Though our natural nature(s) are not always approachable, good character, or confident, it is the will of God that we become, evolve, develop into creature of great likeableness befitting the many good qualities humans are prone to have and hold for life.

The rind is the tough outer skin of certain fruits noting especially citrus fruits. We peel back or cut off rinds as it is not edible nor nutritious. Instead, we take it off and expose the preferably sweet pulp or flesh of our piece of fruit found beyond the thickened skin.

Yet, it protects the inner side as our skin protects our inner being as flesh and bones. It is what is on the inside that keeps us functioning biologically and mentally, our emotions, our heart, our minds enable us to express the person we have become. As you have probably learned, scars, bruises, nor refined smooth skin are predictors or indicators of who we are inside of our bodies. Our outward actions are the result of the inward state of a person's heart.

Gil

This is the shortened version of the name Gilbert but also can be symbolic of 'promise, joy, or something bright'. If not for the lack of an 'l' it would have also inspired our ability to uptake oxygen, the one thing we all require to live as we exist upon the earth. However, we accept the condition of 'promise' the word has in-stored for us. As we go about each day, we are challenged with presenting our best and in doing so obtaining the 'promise' each day specifically has for us. Some relate this to appreciating being alive, others accept the outcome of work each day as self-fulfillment, gratitude in pay, and a home-life of love, family and or good friends. Diversification is key to the ways of our world.

In undertaking the will toward the 'promise' we find a sense of 'joy' and 'freedom' that this term gil implies. It makes our 'daily grind' worthwhile and a doable good.