

# Reproachable Behavior

From the time that we are young children and well into our never ending adult lives, we are establishing relationships with others who from some standpoint, infiltrate our personal selves. We form some quick short lived relations, associate-ships, and those which form into long- standing, long-term friendships. Through research, it is noted that within our encircling relationships, friendship is at the bottom countered balanced amongst romantic partners, parents, and our children.

Friendships are said to be based upon an equal exchange of the following expectations:

**A.** respect **B.** value **C.** ability to laugh

**D.** good spirits together E. a respective stride toward intimacy

**F.** not focused upon hurting and wounding feelings

Friends are that somebody to talk to, someone to enjoy, someone to depend on, having the same expectations of one another with adjustment to circumstances. Some are chosen to share our deepest secrets and insecurities in listening to us vent which contributes to that 'special bond' formed and enduring between us. These friendships we encounter and hold onto are subject to life's flow as we evolve through childhood, beyond our college days, and into our adult lives. We are stuck with family and give priority to our spouses. Some transcend well into marriages and embrace the exception of child rearing, siblings, work-ship dependency's, in-laws, and those new associates whom are often shared willingly.

Today we submit to the use of communication in technology and transportation access. The rapid connectivity ignited with the demands in time upon our daily routines, is a 'freedom' and choice in style and forms of utilization. We can use our access within minutes at varied locations almost twenty four hours a day. This eliminated some of the drama people often encountered under the wrath of 'good intentions and bad follow through' as in baseball or football fields or bouncing on basketball courts when the game is lost through poor play. Face time, social media boards, websites, Texting and alarms are some methods which make up for long distance reminders of holiday, birthdays, and other special occasions. Relationships have been bridged together no longer having time nor location as a barrier.

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The use of such devices enable us to be more friendly with simple acquaintances and 'touching base' periodically however, it doesn't support deep rooted friendships. Some people suffer emotionally from the loss of those friends in which they're deeply invested. The need for in person attention can not be repaired for some despite the aforementioned outlets of contact when there are other factors bearing upon our relationships.

Recognition to those extenuating circumstances that arise and hurt the ability to remain friends and bond closers present from time to time in our lives. As if It's not bad enough that the skills we acquire for making friends can become subjected to a state of 'atrophy' and hanging with life long friends can indirectly mis-rupt befriending new comers. 'New Comers' are those outsiders who are made to feel left out in the presence of you and the longtime friend(s).

So it is with such insight that we must hone in on the plausible 'upsets' which sneak in and at times shock our sense of choice in friends, acceptance radar, and effects affectionately the natural friendship in aging plight of fright. The difficulty in retaining friends in the midst of some form of 'imbalance' between us is traditionally said to be the reality of our 'unrealistic' expectations which harvest within as resentments. It is also said that at times we 'normal' adults engage in 'illusionary thinking' such as that in-acted during prayers unto a god of deity, praying on in the law of attraction for attracting a mate, and the mental path that says our thoughts triggered a happening. It is relative to 'basic instinct'.

in some instances, these same friendship in 'plight of fright', supercede such boundaries as our mental health, family structure, living distance and behavior differences impact our decisions in how close we are and over time remain toward our direct hierarchy of relationships. This is also indicative of friendship survival. In other words, changes such as alzheimers, divorce, moving distance, and things which alter our attitudes, friends, money, new positions etc....impact our friendships and at times makes us disconnect permanently.

Fulfilling our expectations from one unto another makes us happy. We treat friendships in the likeness of gift giving on holiday or birthday celebrations. In turn, unfulfilled desire is unrealistic as our friend hasn't 'acted' the way we wanted them to in having no interest in our wishes and at times not ascending to the same level of excitement as we have leaving us with feelings of displeasure and again, resentment. This is liken to the kid that cries at the clown when all the others laughed.

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How then, do we properly recognize friendly relations that are a burden when behaviors aren't pleasing? Here are a few scenarios without answers for you to consider. A layman's tale.



## Act 1: Scene 5

<u>new friend with pets</u>

Have you ever seen in the movie when the guy goes over to pick up the girl he's taking out on a date and he's attacked by the dog? Most animals give us that sniff and look to befriend us and catch our vibe. Beyond this initial intake process there then becomes the reality as to exactly how attached the new guy or girl is to their choice animal. Mostly dogs or cats, we are warmed to the affection generated on sight and in conversation as we see them on our phone screens, at the park or outings as we hear ther purrs and barks. We know for sure, the pet is a significant part of their life.

This tends to go into play as our friendships grow and we learn about how they care for their pet. We too at times experience what it's like living within the space of their homes with the beast whom we learn is a control factor each day of their life [like children] and regarded as important when it comes to external activities, travel, cookouts, day outs etc.....Some ask directly, "are you bringing the dog, cat stroller, pet on a leash?" This goes to the extent that those associates and friends who become sarcastically involved, secretly suggest they marry the darn animal.

Witnessing acts we find to be stunning when it comes to dining at their tables, eating from dishes, or just sitting within their quarters is a topic of discussion with careful consideration of the cleanliness in animal hairs, counter sitters, plate licker's, environment odors and a host of other matters people talk about behind pet owners backs. Keep in mind in reading this, not everyone likes animals and some have bad experiences and others shy away from the depth of your attachment. They like pets but don't love yours. When do you say tactfully, they're not clean enough or the house stinks or simply must you always travel with your pet? Can you and not lose the friend despite the upset and emotional attachment they have to their pet?

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## Act 2: Scene 1

new Friend that is constantly late and you have other responsibilities which limit your time

We all experience people who have no conception of time and how important it can be for most things our lives require of us. This is no different when we are hanging out with friends and at those times when we've invited them places with us and are waiting for them to appear, pick us up, or just come as a support for whatever reason. There are those with excuses such as the kids, traffic, the time leaving their places of work or other places, takes them longer to dress etc..., and the host of other reasons for keeping people waiting. As it time takes it's toll on our attitudes, a mental analysis of such behavior it is without doubt that we decide certain things opinions for ourselves such as they're just selfish, command attention, always have an excuse for every wrong every time, disrespect our time, and they're messy and unable to prioritize are among other rational thoughts.



Are you willing to risk the relationship and selectively extend invites? Can you have a discussion and stop waiting for them and if it continues disconnect from everything outside of a simple phone call disregarding them in the likeness you believe they disregard you?

## Act 2: Scene 6

New Friend who seems to flick off now and then

At time we meet people with foreign behaviors that we are forced to examine and decide if we own an umbrella enough to weather their form of mentally compromised storm. These are the people we begin to take note of differences in how they handle basic life experiences you may share doing things such as: going out to eat, at social gatherings, living within the same edifice, discussions of important subjects or their interpretation of places and things. This is a short list of the many opportunities we have to interconnect and find 'glitches' in personalities that concern us.

These are the friends that flick off and use wise cracks to detract from your communal experiences. They use reasoning in situations which falls short of adult logic or that of someone astute and polite. This person is easily irritated with and by the little things that most of us can manipulate our path through

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without outburst, name calling, or arguments that embarrass us. You may discuss these matters however typically, either they've heard it all before and you can leave guilt free or there is this unwillingness to understand, get help and of course change.

Though when under attack by this same person you are in defense of yourself but up against a mind that has no means of reasoning, relating facts, or comprehending situations well enough. You may resolve that they have a mental health crisis condition and in the beginning of your friendship or association, you failed, you missed all the symptoms and signs.

## Act 3: Scene 2

New Friend who doesn't Have the same income

I am pretty sure you aware of the 'slope' that sometimes evolves in our friendships especially those long lasting throughout the ages and experiences life has afforded us. Within this relationship there is often some form of incline representative of the adjustments and changes we make as we ascend, hopefully, in our lives. This causes the variation for some in careers value and respect, salaries, family, marriages with children, and the ability to 'do' things together with the same degree of freedoms.

At first we often spread our love with our ability to pay and share in the upscale, upbeat experiences. This is pleasing as we are applauded for recognizing the limitations of our friends. Though, it is not something we're obligated to do! It is choice. This monetary extension may turn into splurging to often enabling this adult to feel adequate or at your level. It too can become a users game as your being plied into footing the expense of your friendly excursions. There may at times be a give and take condition politely established you both share in among other reformations of character when money is involved and comes between friends. It's the latter that can really get out of hand.

*Always be clear, that you are doing what you chose and be fair in that ugly suggestion in falsity of being used. This happens often as some become weary of giving and also as their funds, finances dwindle. It too is irrational thinking from which these friendships suffer at great length as blame is cast to distort the real issues.

In clarity lets understand that wealth breeds change. It enables us to redefine

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our lives and things we desire to have in them. Their typically is a fight to remain the same but the burden and innate desire to have new adventures, buy new things, and redirecting our paths using a 'for the betterment clause,' is inescapable. The fear of becoming a snooty, big headed, thinking you're better, and too good for us, girl or guy sets in. Some fight while others cast off the past without a blink and take on any title friends now foes can conjure up. They've made into and out of what ever. So...somewhere along that slope, as a dot on that line, is where you are reflective upon their and your personal growth.

## Act 4: Scene 3

New Friend who seems to lie about things you never ask nor do you care to know about which are personal to them but an oblivious lie to you.

Six simple quotes about Liars:

1. A single lie discovered is enough to create doubt in every truth
2. I got trust issues because people got lying issues
3. I know you don't like my honesty but to be fair, I don't like your lies
4. Law of Karma: never try to play with the people around you for you may not know that they play better than you
5. The liar's punishment is not in the least that he is not believed
   but that he can not believe anyone else
6. The most dangerous liar's are those who think that they are telling the truth

Things to remember I personally made up!

1. 'sloped' friendships are when both parties are subjected to 'some' form of friendship 'imbalance' such as significant financial gain, education, mental health, or health status changes.
2. Who U know generates a degree of 'subjectivity' to the alternate 'friend'

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